

**Season 3:18th March-23rd May  
3:00pm-4:00pm unless specified**

**Students not involved in ASA's will be expected to leave the school campus at 3:00 pm on Monday, Tuesday, Thursday, Friday and 2:10 pm on Wednesday**

<b>Activity</b>	<b>Descriptor</b>	<b>Location/Other</b>
<b>MONDAY</b>		
Ballet Monday	Ballet classes are for those children who love to shine in a beautiful dancing style.	JS Drama Room 80,000 UGX
Basketball Skills (mixed) Monday	Develop and strengthen your basketball skills- shooting, passing, dribbling, rebounding etc	Upper Court
Cookery Monday	Learn to prepare and make simple but delicious food!	EC Kitchen 80,000 UGX cannot choose Tuesday
Paper Craft Monday	Did you know that you can make amazing things with paper as your main material? Join Paper Craft to make items like flowers, butterflies, kites, boats and loads more.	EC Veranda
Swim Monday	Open for swimmers of all levels. Swimming is the perfect exercise that works the whole body! Learn various strokes of swimming like the breaststroke, backstroke, butterfly etc. while building strength and endurance.	Pool
<b>TUESDAY</b>		
Break Dance Tuesday	Breakdance is one of the famous dances practiced globally among children and youth. It's popular because of its format of encouraging grooving, freezes, power-movements etc	Dr.Gibbons Veranda 100,000 UGX
Cookery Tuesday	Learn to prepare and make simple but delicious food!	EC Kitchen 100,000 UGX Cannot choose Monday
In line skating Tuesday	A fun sport using the same techniques as ice skating and skiing. Based on self-confidence, this activity helps build stamina, leg strength and general fitness. No experience needed and the equipment is provided.	Upper court  140,000 UGX
Painting & Drawing Tuesday	For all the budding artists! Join us as we paint, draw, illustrate etc!	JS Art room
Trackstars Tuesday	Children will build up their stamina through fun running games and other exercises to increase their physical fitness.	Track
<b>THURSDAY</b>		

Football Skills (mixed) Thursday	Develop and strengthen your football skills-dribbling, passing, ball control, and agility.	Grade 3 pitch
Gift Shop Thursday	Do you like making and giving gifts? Let's have fun making gifts for family and friends and let us not forget about something for you! We'll be making cards and gift tags, a Mother's Day surprise, decorating notebooks and much much more. Come and let us get crafty!	80,000 UGX
Science Explorers Club Thursday	Science Explorers offers fun, interactive and educational hands-on activities that will provide our young children with an understanding of science and how it affects the world around them. They will be able to touch, see, hear, feel and taste what science is all about. If you have a child who demonstrates an early interest in science, this after-school activity may be the perfect way to encourage a love for discovery.	2M
Taekwondo Thursday	Certified coaches will introduce you to Taekwondo skills. Split into ability groups. Belt exams can be arranged throughout the year.	Dr. Gibbon's Veranda 135,000 UGX
Twinkle Strings Thursday	Twinkle Strings are introductory classes in violin or cello technique using a combination of the Suzuki, Sassmannhaus and Galamian teaching methods. Students will learn early instrumental playing techniques, early note reading on their respective instruments and ensemble playing all geared to the sensibilities of young children. Each student will be provided with a list of items to practice between classes with an adult at home to reinforce lessons materials. * You will need to bring your own instrument or rent one from the school (based on size and availability.)	120,000 UGX
<b>FRIDAY</b>		
Capoeira Friday	A dance-based martial art from Brazil. Also a game, a dance, governed by the rhythm of the berimbau, a traditional African instrument.	Dr. Gibbons Hall 70,000 UGX
Football Skills (Grades 2 & 3 ONLY) Friday	Develop and strengthen your Football skills-dribbling, passing, ball control and agility.	Upper pitch
Jewelry making Friday	Make your own jewelry with fantastic African materials. A good way to work on fine motor skills and to make unique jewelry for yourself and friends.	KM Veranda
Swim Friday	Open for swimmers of all levels. Swimming is the perfect exercise that works the whole body! Learn various strokes of swimming like the breaststroke, backstroke, butterfly etc. while building strength and endurance.	Pool
Tennis Friday	Develop many physical benefits such as increased reaction time, flexibility, muscle tone etc. Tennis classes will be divided into 2 groups, beginner and intermediate.	Tennis Courts

