



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10-14 December 2018	<u>CHINA</u> Steamed rice Vegetable noodles Soy braised chicken French beans & carrot Tomato salad Fruit or Juice	<u>INDIA-MEXICO</u> Chicken tikka burrito Paneer tikka burrito Tomato cucumber salad in yogurt Fruit or juice	<u>UGANDA</u> Pilau Mini rolex Chicken stew Beans sauce Kachumbari Fruit or juice	<u>ITALY</u> Pasta Roast potatoes Bolognese sauce Mushroom sauce Fresh salad Fruit or juice	<u>CONTINENTAL</u> Chips Roasted buttermilk chicken Vegetarian quesadilla Coleslaw Fruit or juice
7-11 January 2018	<u>GREECE</u> Roast potato wedges Beef wraps Vegetable wraps Fresh salad Fruit or juice	<u>ITALY</u> Pasta Mashed potatoes Chicken in red pepper sauce Eggplant caponata Panzanella salad Fruit or juice	<u>CHINA</u> Fried rice Vegetable spring rolls Glazed chicken with onions Stir fry vegetables Clear chicken soup Fruit or Juice	<u>ITALY</u> Beef lasagna Vegetable lasagna Fresh salad Fruit or juice	<u>THAILAND</u> Steamed rice Pad Thai noodles (w/o nuts) Red chicken curry Green vegetable curry Sweet sour salad (w/o nuts) Fruit or juice