



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11-15 February 2019	<u>INDIA</u> Biryani rice Chapati Chicken curry Chickpea paneer curry Tomato cucumber yogurt salad Fruit or juice	<u>ITALY</u> Sausage pasta bake Vegetable pasta bake Fresh garden salad Fruit or juice	<u>CHINA</u> Steamed rice Vegetable spring rolls Oriental chicken Vegetable stir fry Crunchy noodle slaw Fruit or juice	<u>BRITAIN</u> Fish and cheese pie Vegetable pie Butternut squash avocado salad Fruit or juice	<u>ISU HOLIDAY</u>
18-22 February 2019	<u>ITALY-USA</u> Chicken mac & cheese Veggie mac & cheese Green salad Fruit or juice	<u>TANZANIA</u> Pllau Chapati Beef stew Beans sauce Kachumbari Fruit or juice	<u>ITALY</u> Pasta Garlic potato wedges Chicken cacciatore Vegetable ragout Fresh garden salad Fruit or juice	<u>GREECE-INDIA</u> Chicken pot pie Vegetable tofu curry pot pie Avocado tomato salad Fruit or juice	<u>MEXICO-INDIA</u> Mexican rice Beef enchiladas Scrambled paneer enchiladas Avocado tomato salad Fruit or juice