



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 February to 1 March 2019	<u>CHINA</u> Steamed rice Vegetable noodles Sweet sour chicken Vegetable stir fry Cucumber salad Fruit or juice	<u>ITALY</u> Pasta Mashed potato Bolognese sauce Ratatouille sauce Fresh garden salad Fruit or juice	<u>UGANDA</u> Pilau Mini rolex bites Chicken stew Peas sauce Kachumbari Fruit or juice	<u>JAPAN</u> Steamed rice Roast sweet potato Chicken katsu Eggplant katsu Vegetable gravy Fresh garden salad Fruit or juice	<u>MEXICO</u> Mexican rice Beef tacos Plantain & black bean tacos Mexican salad Fruit or juice
4-8 March 2019	<u>INDIA</u> Steamed rice Naan Beef rogan josh Palak paneer Tomato cucumber salad Fruit or juice	<u>CONTINENTAL-INDIAN</u> Butternut squash soup Garlic parsley bread Roast chicken Potato bean cakes Avocado tomato salad Fruit or juice	<u>THAILAND</u> Tom yum fried rice Vegetable spring roll Red curry fish Green vegetable curry Sweet sour salad Fruit or juice	<u>LEBANON</u> Chips Beef shawarma Paneer shawarma Fresh garden salad Fruit or juice	<u>INTERNATIONAL WOMENS DAY</u>