

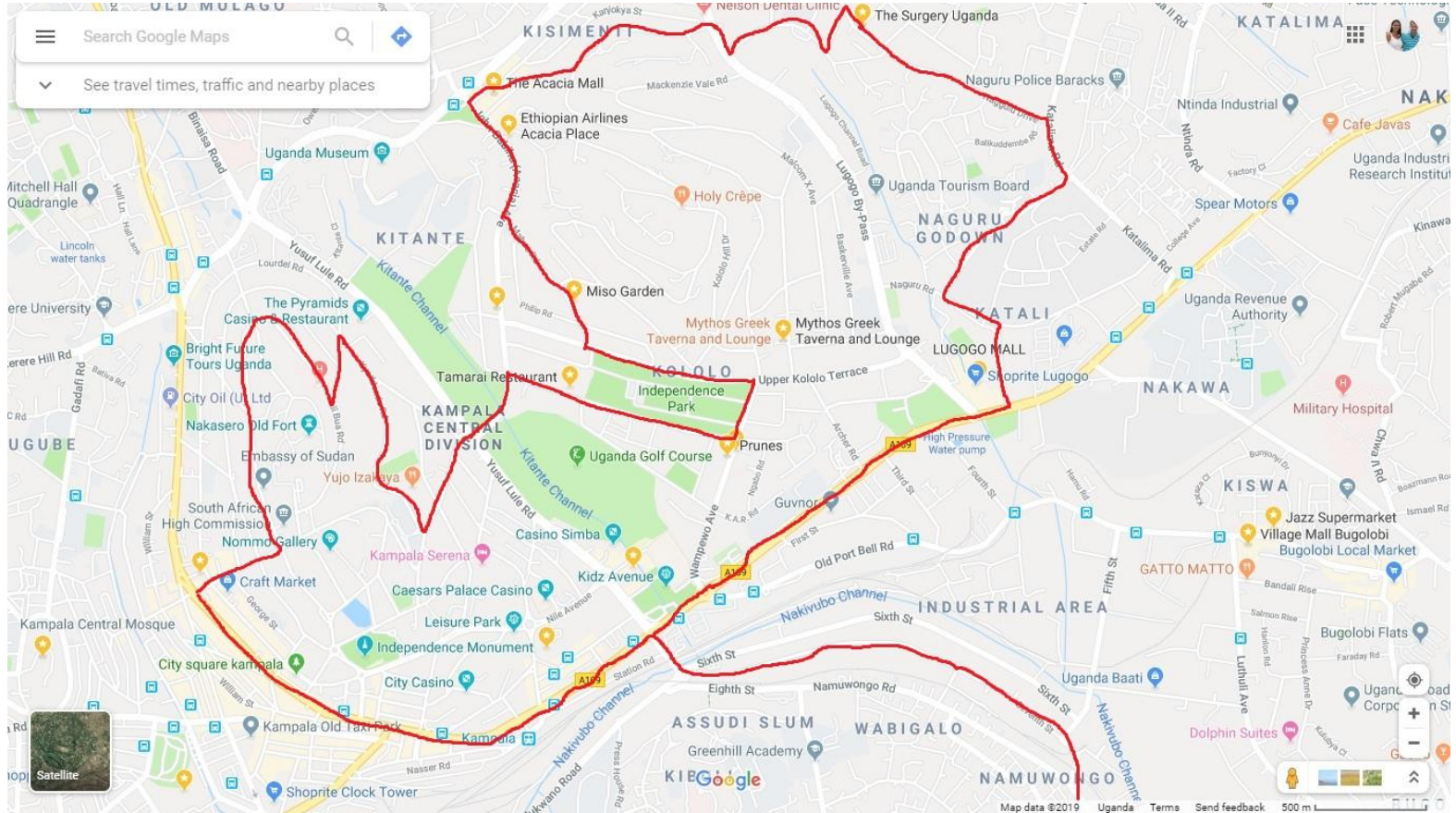


INTERNATIONAL
SCHOOL OF UGANDA
SINCE 1967

2022 *Bus Tour*



Map..... 35kms later....



Route.....

Leave ISU - 8am

LUGOGO - *pick up other parents*

NAGURU

BUKOTO

KISEMENTI

ACACIA MALL

KOLOLO

NAKASERO

FARMERS MARKETS

OASIS & GARDEN CITY

MEDICAL

CRAFT MARKETS

BUGOLOBI

MUYENGA

GGABA ROAD

LUBOWA

ENTEBBE

BEAUTY

CAKES & TREATS

HIDDEN GEMS

VETS

USPCA

CLEAN TOILETS

BACK TO SCHOOL by 3pm



Supporting our ISU Community

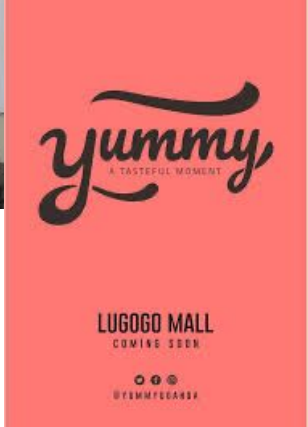
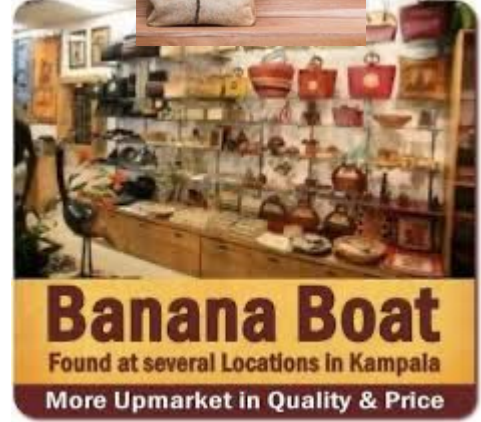
We invite you to type in the names of your favorite restaurant or cafe and its location/area in the chat room so we can add it to our list.



NOTE

***Places indicated with a LEOPARD PAW PRINT
belong to an ISU person***

Lugogo Mall and Forest Mall





Naguru

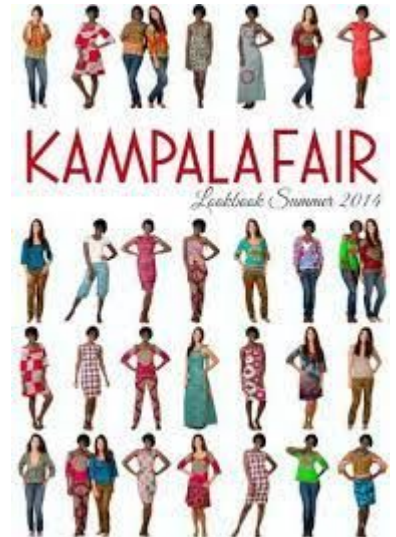
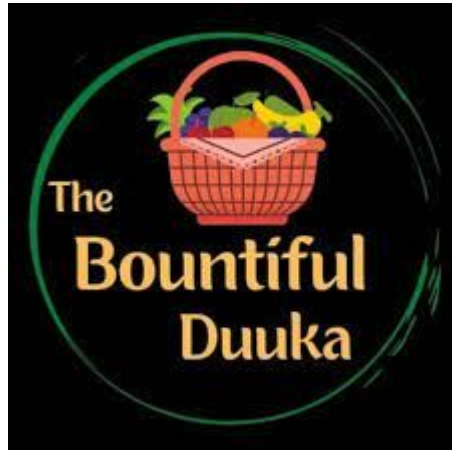


- Pan Dental
- Appetite Uganda (Pet store)
- Olives Restaurant
- Linove Italian Restaurant
- The Surgery (& Dentist)
- Kabira Country Club
- The Party House
- Middle Eastern Supermarket



Bukoto Street Area

- 🐾 Kampala Fair
- Asiatic Sports
- Kona
- Good Glass
- The Orthodontist
- The Bountiful Duuka





Acacia Mall & Kisementi

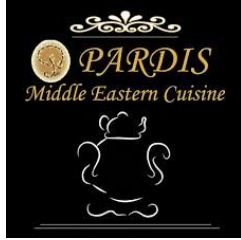


- Gapko (Oil change & AC refill)
- Meza (Lebanese Restaurant)
- Cafesserie
- Caramel Cafe
- Cinemax
- Apple Shop
- Woolworths
- Mr Price
- LC Waikiki
- Gadget shop
- Aristoc Bookshop
- KFC
- Healthy U



- The Bistro
- Millenium Supermarket
- Endiro Coffee
- Banana Boat (African crafts)
- Bold
- Pharmacy
- Quepasa (Mexican Restaurant)
- LG Appliance World
- Funz video





Kololo



INTERPOL



- Pardis
- Mythos
- Tamarai
- Kardamom & Coffee
- The Lawns
- DiVino
- Izumi
- The Great Indian Dhaba
- Miso
- Platia
- Holy Crepe
- Interpol
- UGC
- Tamarai
- Green Bean Cafe
- Swiss Cuts
- Golf course



Karveli

Nakasero

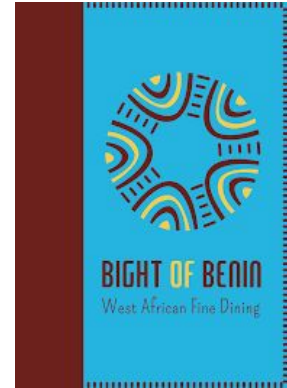


- Emin Pasha Hotel & Spa
- Karveli Coffee Shop
- Bight of Benin
- Yujo (T.I.A, Banange & Endiro)
- Faze 2
- Nakasero Hospital
- Lancet (Covid testing)
- Maridadi Crafts
- Il Patio (Italian restaurant)
- Lale's (Hair dresser)
- Cure'o'sity Dental-Dr Sidharth Jain

Lale's



IL PATIO ITALIAN RESTAURANT



Farmers Market on weekends



7 Hills Farmers Market is now located at Kush Lounge in Kololo every Saturday morning 7am-1pm

1st Sunday of every Month
10am - 2.30pm
12 Queens Road, Entebbe



Every Saturday




Oasis Mall & Garden City



- Carrefour
- KFC
- Mr Price
- Bata
- Sparkles Salon
- Cafe Javas
- MTN
- Jewelry Store
- Lingerie Shop



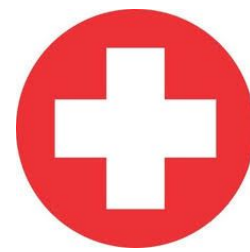
- Capital Shoppers
- Woolworths
-  Miniso
- Aristoc Bookshop
- Banana Boat
- Mega Supermarket
- The Watch Shop
- Eye Care Centre
- Florist
- Fabric Shop
- Bellomania - 3rd floor
Hoverboards/rollerskating/skateboarding





Medical/Dental

- Makerere University Hospital
 - Mulago Hospital
 - CorRSU (Orthopedic)
 - Entebbe Hospital
 - The Orthodontist
 - Pan Dental
 - The Surgery / Dentist
 - IHK (hospital & dental)
 - The Clinic
 - Aga Khan Clinic
 - The Skin Clinic
 - Evalina Childrens Clinic
 - Nakasero Hospital
 - NSK Clinic
 - Elephin (Paediatric Orthodontist)
 - Le Memorial Medical Services
 - IMC Clinic
 - Doctor's Hospital
- Entebbe Road
Entebbe
Bukoto
Naguru
Naguru
Kabalagala
Bugolobi Mall
Acacia Mall
Acacia Mall
Entebbe Road/Lubowa
Nakasero
Kiira Road
Bugolobi
Kigo Road/Lubowa
Entebbe Road/Seguku
Entebbe Road/Seguku



The Surgery



Uganda Blood Transfusion Services

Plot 69/3 Hill Road, Nakasero 0414 259-195 / 0414 257-155



The Clinic

AT THE MALL

Craft Markets



- Buganda Road
- National Theatre
- Juakali Craft Centre

<https://craftmarket.business.site/>



The **FRIDAY** craft market is situated in Old Kampala at the Uganda National Mosque (Gadafi Mosque) This is where you can find the cheapest crafts in town and also find the most spectacular views of Kampala. Most Uber drivers know where this is located !





Bugolobi



- Cafesserie
- Pizza Hut
- Lintons (Perfume/Make-up)
- Elite Digital
- C&A Pharmacy
- Genesis Dance Studio (3rd floor)
- The Clinic
- Bookpoint
- Al's Flora (Florist)
- Men's Refinery (Barber)
- Eye Care Centre
- Toddlers play den (1st floor)
- KFC



- Sips 'n Bites
- Dancing Cup & Moonbeam chocolate
- Ashiana Restaurant
- Verity (US food from Cosco)
- Balton (Fertilizers)
- City Tyres
- Peacock Paints
- Mad Hatters Restaurant & Bar
- Caroline's Cupcakes (fondant icing)
- USPCA



HOLY CRÊPE

Muyenga



- Italian Supermarket
- TMT Supermarket
- Urban Chevre
- Brood
- The Wine Garage
- Yamasen
- Farm to Table
- Endiro Coffee
- The Drop
- Fasika (Ethiopian)
- Palm Pizza

- Kampala Forest Lodge
- Cafe Roma
- Khazana Veranda (Indian)
- Muyenga Playground (football)
- Holy Crepe
- Football



TMT SUPERMARKET
NOW DELIVERS TO YOUR DOOR STEP

0709724407
call: 0788199163

Ordering hours: 8:00 AM-4:30 PM
Address: Tank hill RD, Muyenga
only selling to our members currently



Le Château
BRASSERIE BELGE

Ggaba Road





Lubowa area



Quality Shopping Mall -



- Phone Shop
- Westlink Pharmacy
- Book Point
- Cafe Marie
- Printing/Stationery
- Mother & Daughter Cafe (new noodle bar)
- Fabric shops / Sparkles / Photo booth / DVDs
- Real Dry Cleaners
- Quality Supermarket
- Caramel Cafe
- Sports Bar / Gym
- Weekend Market (last weekend monthly)
- Ajuna Jewellery about to open



Lubowa -

- Casa Sean (B&B / restaurant in National Housing Estate)
 - Muti Interiors (upper road by ISU top gate)
 - Martha's Corner “ “
 - Green Olive Wood Fired Pizza “ “
 - Korean Restaurant
 - Africa Institute of Music (AIM)
 - Grace's (restaurant/catering)
- Studio Seven (boutique shop for small interiors/gifts)
- The Hub Supermarket / Brood (@ Greentop Villas)
- The Hub Sports Centre - girls soccer club (top road)
- Community Kitchen run by Mr James



Entebbe Road -

Western Bypass -

- Serena Golf Resort/Spa



- Republique (new restaurant/cocktail lounge)
- Bread House
- The Lucent (unisex salon in Zana)
- Jimtex (miscellaneous pet items/food)
- Adonai Adventure Park (laser tag etc in Zana)



Entebbe



- ViaVia (small lodge and restaurant)
- Victoria Mall - Carrefour / Bata / KFC / Eye Care Centre / CJ's / MTN / Airtel / ATM
- Protea Marriott Hotel (pool/gym/restaurant)
- Lake Victoria Hotel (pool/restaurant)
- Palm Hotel (Thai food/massage)
- No.5 Boutique Hotel/Restaurant
- Imperial Mall - Java House /



- IMC Clinic
- Muti Garden Cafe (weekend farmers market)
- Entebbe Sailing Club (2x chalets for rent)
- Botanical Gardens
- Craft / Art Markets
- Uganda Wildlife Conservation Centre



Beauty



Muyenga



Nakasero



Kololo



Makindye



Kololo

Cakes & Treats



Latitude
CRAFT CHOCOLATE



Fondant icing & decorations
0702 728587 / 0758 614332

Simply
Donuts



CARAMEL
SWEET TREATS

Hidden Gems



Muwonge
Organic
Farm
The Almost Orange Egg



Order from Francis:
0787-078897



THINK TWICE 2nd HAND CLOTHES

Above Shoprite, Downtown / Kampala Rd
Ask Google maps to direct you



Your Guarantee of Quality

7th Street Industrial Area



Vets

Dr Singh - (House calls)

0775 409 529 / 0794 334 411



Dr Dickson - USPCA

12 Ismael Road. Mbuya

0789 369997



Vetluv Pet Travel

Vet LLC for your Pet's Travel

0755 433054



Plot 4 Konde Road, off Kireka Road, Mutungo

Tel: +256-393-282 231 Mob: +256-712-868 673



**KIRAM VETERINARY
SURGERY**

Dr Micheal Kiragga

Plot 17 Ggaba Road 300m off Wavamuno Road

0394 805778

0771 605442

0784 793995



Adopting a pet must be the best feeling ever Look no further than the USPCA

Ways to Help the USPCA



Adopt a Pet

By adopting a pet from the USPCA, you can support lifesaving efforts and...



Foster a Pet

People fostering a pet provide temporary homes for dogs and cats and allow...



Volunteer

We welcome help of all kinds, from direct animal care to administrative work to...



Corporate Giving

Organizations can donate once or choose to partner with the USPCA on an ongoing...

Plot 12, Ismael Road - Mbuya +256 789 369997 +256 774 844108
USPCA also has their very own qualified vet Dr Singh

Clean Toilets in the City

- Lugogo Mall
- Acacia Mall
- Village Mall
- Le Gourmet / Le Château Brasserie Belge
- Tank Hill Park/Yamasen/Endiro
- Entebbe - Victoria Mall



Stay Connected



If you would like to be added to the ISU PTA whatsapp group, please email us at pta@isumail.ac.ug or Click on: <https://chat.whatsapp.com/KhQfmNwN7DMBkfguJ2q60X>



Follow us on Instagram
<https://www.instagram.com/isouganda/>



Follow us on Twitter
<https://twitter.com/ISUOfficial>



Follow us on Facebook
<https://www.facebook.com/InternationalSchoolOfUganda>



Join our closed ISU Community Group on Facebook
<https://www.facebook.com/groups/ISUCommunityKampala>

Pools

Speke Resort
Dolphin Suites
Silver Springs
Latitude 0
Makindye Country Club
Serena on the Lake
Serena Kampala
Sheraton
Entebbe Sailing Club
Protea
Lake Victoria Hotel
Cassia Lodge
Kabira Country Club

Munyonyo
Bugolobi
Bugolobi
Makindye
Makindye
Kigo
Nakasero
Nakasero
Entebbe
Entebbe
Entebbe
Buziga
Naguru

Hairdressers & Spa

Swiss Cuts
Cutting Station
The Mirror
Lale's
Calabash Spa
Sparkles (pedi and mani)
Latitude 0
The Forest Lodge
La Cara Cosmetics

Kololo - 0772 505750
Kololo - 0756 250162
Muyenga - 07785528294
Nakasero - 0794 756376
Kololo
Acacia Mall, Lugogo
Makindye - 0721 529469
Muyenga
Village Mall

Entertainment

Kazi Sailing Club
Entebbe Sailing Club
Jinja Sailing Club
Golf
Ndere Cultural Centre
Otters Bar & Restaurant
The Big Kafunda
Arena Sports Bar
Football Yard
Fast Sports Fusion
Bugolobi
Bellomania -
(Hoverboards/rollerskating/skateboarding)
Uganda Wildlife Conservation
Education Centre (the zoo)

Kazi
Entebbe
Jinja
Entebbe, UGC, Serena
Ntinda
Kololo
Gaba Road
Acacia
Muyenga
Garden City
Entebbe