



INTERNATIONAL SCHOOL OF UGANDA LUNCH MENU

MAY – JUNE 2024

6 TH MAY – 10 TH MAY 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Avocado Slices	Oriental Salad	Kachumbari	Coleslaw salad	Public Holiday
MAIN	Beef Lasagna	Chicken Teriyaki	Beans Stew	Beef Shawarma	
VEGETARIAN	Veggie Cheese Lasagna	Tofu Teriyaki	Spinach	Roasted Vegetable & Humus Wrap	
EXTRAS	Garlic Bread	Rice/Boiled Irish	Posho / Pilau Rice	Potato Wedges	
DESSERT	Fruits	Cookies	Sweet Bananas	Ice Cream	

13 TH – 17 TH MAY 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Carrots & Apple Salad	Coleslaw Salad	Kachumbari	Coleslaw	Cucumber Slices
MAIN	Bolognese	Chicken Wrap	Mixed Yellow Lentil	Beef Burger	Chicken Curry
VEGETARIAN	Tomato & Cheese Concasse	Cheese & Tomato Wrap	Chapati	Veg Burger	Chickpeas and potato Curry
EXTRAS	Spaghetti	Paprika Fries	Rice	Chips	Rice/Nan Bread
DESSERT	Fruits	Pineapple Pie	Cake	Fruits	Cookies



INTERNATIONAL SCHOOL OF UGANDA LUNCH MENU

MAY – JUNE 2024

20 TH – 24 ND MAY 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Carrot and Apple Salad	Nachos with Guacamole	Vegetable Spring Rolls	Garden salad	Coleslaw
MAIN	Beef Stroganoff	Chicken Quesadillas	Egg & Veg Fries Rice	Meat Balls in Concasse	Chicken Schnitzel Burger
VEGETARIAN	Mushroom Stroganoff	Cheese Quesadillas'	Veg Fried Rice	Creamy Cheese Concasse	Vegetable Burger
EXTRAS	Mash Potatoes/Rice	Sweet Potato Fries		Elbow Macaroni/Garlic Bread	Home Fries
DESSERT	Fruits	Fruits	Chocolate Cake	Fruits	Cookies

27 TH – 31 ST MAY 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Oriental Salad	Slices Cucumber	Avocado Slices	Kachumbari salad	Coleslaw
MAIN	Beef, Carrots zucchini and green beans	Butter Chicken	Pizza Margheritta	Beef Stew	Creamy Chicken Pasta
VEGETARIAN	Tofu & Veg Stir Fry	Palak Potato	Pizza Margheritta	Beans Stew	Creamy Cheese Pasta
EXTRAS	Vegetable Rice /Parsley Potatoes	Sunshine rice / Nan Bread	Home Fries	Chapatti/Pilau Rice	Garlic Bread
DESSERT	Fruits	Cookies	Fruits	Cake	Fruits



INTERNATIONAL SCHOOL OF UGANDA LUNCH MENU

MAY – JUNE 2024

2 ND – 7 TH JUNE 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Public Holiday	Oriental Salad	Nachos with Guacamole	Green salad	LAST DAY OF SCHOOL!
MAIN		Chicken Fried Noodles	Beans & Cheese Burritos	Beef Patties in Continental Gravy	
VEGETARIAN		Vegetable Fried Noodles		Falafel in Gravy	
EXTRAS			Rice	Rice/Mash	
DESSERT		Fruits	Cakes	Fruits	