



INTERNATIONAL SCHOOL OF UGANDA LUNCH MENU

APRIL 2024

8 TH – 12 TH APRIL 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Avocado Slices	Oriental Salad	PUBLIC HOLIDAY	Coleslaw salad	Kachumbari
MAIN	Beef Lasagne	Chicken Teriyaki		Beef Shawarma	Beans Stew
VEGETARIAN	Veggie Cheese Lasagne	Tofu Teriyaki		Roasted Vegetable & Humus Wrap	Spinach
EXTRAS	Garlic Bread	Rice/Boiled Irish		Potato Wedges	Posho / Pilau Rice
DESSERT	Fruits	Cookies		Ice Cream	Sweet Bananas

15 TH – 19 TH APRIL 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Carrots & Apple Salad	Coleslaw Salad	Kachumbari	Coleslaw	Cucumber Slices
MAIN	Bolognese	Chicken Wrap	Mixed Yellow Lentil	Beef Burger	Chicken Curry
VEGETARIAN	Tomato & Cheese Concasse	Cheese & Tomato Wrap	Chapati	Veg Burger	Chickpeas and potato Curry
EXTRAS	Spaghetti	Paprika Fries	Rice	Chips	Rice/Nan Bread
DESSERT	Fruits	Pineapple Pie	Cake	Fruits	Cookies



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APRIL 2024

22 ND – 26 TH APRIL 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Carrot and Apple Salad	Nachos with Guacamole	Vegetable Spring Rolls	Garden salad	Coleslaw
MAIN	Beef Stroganoff	Chicken Quesadillas	Egg & Veg Fries Rice	Creamy Chicken Pasta	Chicken Schnitzel Burger
VEGETARIAN	Mushroom Stroganoff	Cheese Quesadillas'	Veg Fried Rice	Creamy Cheese Pasta	Vegetable Burger
EXTRAS	Mash Potatoes/Rice	Sweet Potato Fries		Garlic Bread	Home Fries
DESSERT	Fruits	Fruits	Chocolate Cake	Fruits	Cookies

29 TH APRIL – 3 RD MAY 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Oriental Salad	Slices Cucumber	HOLIDAY	Kachumbari salad	Avocado Slices
MAIN	Beef, Carrots zucchini and green beans	Butter Chicken		Beef Stew	Pizza Margherita
VEGETARIAN	Tofu & Veg Stir Fry	Palak Potato		Beans Stew	Pizza Margherita
EXTRAS	Vegetable Rice /Parsley Potatoes	Sunshine rice / Nan Bread		Chapatti/Pilau Rice	Home Fries
DESSERT	Fruits	Cookies		Cake	Fruits