



INTERNATIONAL SCHOOL OF UGANDA (ISU)

07 APRIL TO 30 APRIL



07 - 10 April

	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	Easter Monday	Guacamole	Tomato & Cucumber Slices	Coleslaw Salad	Garden Salad
Main		Chicken Quesadilla	Chick Pea & Sweet Corn Curry	Beef Shawarma	Oriental Style Chicken Wings
Vegetarian		Vegetable Cheesy Quesadilla	Chick Pea & Sweet Corn Curry	Roasted Vegetable & Hummus Wrap	Tofu & Veg Stir Fry
Sides		Cassava Sticks	Naan/Rice	Potato Wedges	Veg. Fried Rice
Dessert		Watermelon Slices	Fruit Chaat	Ice Cream	Pineapple Slices



13 - 17 April

	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	Mixed Salad	Sliced Cucumber	Oriental Salad	Avocado Slices	Mango Salsa
Main	Chicken Lollipop	Chicken Tikka Masala	Egg and Veg Fried Rice	Chicken Wraps	Beef Taco
Vegetarian	Ratatouille	Palak Paneer	Tofu & Veg Fried Rice	Vegetable Wraps	Black Beans Taco
Sides	Potato Wedges	Sunshine Rice/pita Bread	Sweet & Sour Sauce	Sweet Potato Fries	Cassava Fries
Dessert	Sweet Banana	Cake	Pineapple Slices	Cookies	Pow Pow



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07 APRIL TO 30 APRIL



20 - 24 April

	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	Guacamole & Salsa	Tomato Salad	Coleslaw	Oriental Salad	Tomato & Avocado Salad
Main	Beef Quesadilla	Beef And Lentil Stew	Margherita Pizza	Beef Teriyaki	Caribbean Chicken
Vegetarian	Veg Quesadilla	Lentil Stew & Sauteed Green Beans	Margherita Pizza	Tofu Teriyaki	Zucchini Baked
Sides	Paprika Potato Wedges	Mashed Potatoes/ Rice	Cold Roasted Vegetable Pasta with Greek Dressing	Rice/steamed Irish	Potato Fries
Dessert	Pineapple Slices	Sweet Bananas	Chocolate Cake Slices	Pineapple Slices	Mango Slices



27 - 30 April

	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	Garden Salad	Coleslaw	Avocado Slices	Oriental Salad	Labour Day
Main	Beef Lasagne	Fish Cakes	Beef Sausages with onion & Gravy	Oriental Chicken Noodles	
Vegetarian	Steamed Broccoli & Green Beans	Falafel Patties & Corn On the Cob	Vegetable Dumplings with Gravy	Veg. Oriental Noodles	
Sides	Garlic Bread	Potato Wedges	Mash/Rice	Bell Peppers Carrots and Cabbage Stir Fry	
Dessert	Mango Slices	Marble Cake	Sweet Banana	Fruit Tart	